



**SAFE
K:DS**
COLUMBUS

Piedmont
COLUMBUS REGIONAL

Newsletter

January 2025

Help us make every kid a safe kid

"Wishing you a Happy New Year in 2025!"



As we enter a new year, it's the perfect time to renew our commitment to keeping our children safe. In this month's newsletter, we share simple but essential tips to help parents protect their little ones from injury. Here's how you can make safety a priority at home and beyond:

1. **Childproof Your Home** Ensure that your home is a safe space for your child to explore. Use outlet covers, secure heavy furniture to walls, and keep small objects out of reach to prevent choking hazards.
2. **Promote Road Safety** Whether walking, biking, or driving, always make sure your child is using the proper safety gear. Car seats, helmets, and pedestrian safety rules are crucial to avoid accidents.
3. **Teach Safe Play** Encourage your child to play in safe environments. Supervise outdoor activities, avoid play areas with unsafe equipment, and ensure they know the importance of wearing protective gear during sports.
4. **Prevent Falls** Install safety gates on stairs, keep floors free of clutter, and ensure that furniture and toys are safe for your child's age and ability.

SERVICES

safekidscolumbusga.org

Car Seat Class: includes a new car seat for eligible parents.

Requires Program Application:

[CLASSES & SERVICES \(safekidscolumbusga.org\)](http://CLASSES & SERVICES (safekidscolumbusga.org))

Upcoming dates:

Jan 21 • Feb 18 • Mar 18

Safe Sleep Class: includes a new portable crib for eligible parents.

Requires Program Application:

[CLASSES & SERVICES \(safekidscolumbusga.org\)](http://CLASSES & SERVICES (safekidscolumbusga.org))

Upcoming dates:

Jan 4 • Feb 4 • Mar 4

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Preventing Childhood Injuries at home, at play & on the way.

Afiac



Kiwanis
CLUB OF COLUMBUS, GA



Growing Room
CHILD DEVELOPMENT CENTERS



Rivertown
PEDIATRICS



UGHSTON
CLINIC
Research • Education • Treatment



**JACK
UGHSTON**
MEMORIAL HOSPITAL



Safe Kids Columbus at the Bill and Olivia Amos Children's Hospital | 616 19th Street | Columbus, GA 31901
Ph: 706.321.6720 | Mailing: PO Box 4561, Columbus, GA 31914



CAR SEAT CHECKUPS



ULTIMATE CAR SEAT GUIDE



LATEST RECALLS



BE A WATER WATCHER



SAFE INFANT SLEEP



PARENT PEP TALK PODCAST

Partner Spot:



Kiwaniis
CLUB OF COLUMBUS, GA



THE KIWANIS MISSION

The Kiwanis Club of Columbus is an organization of volunteers dedicated to improving our community one child at a time.

KIWANIS SERVICE

Service is at the heart of the Kiwanis Club of Columbus. The local membership participates in service projects in the areas of injury prevention, boys and girls clubs, area boy scouts, aiding families to improve food security, water safety, student awards, supporting our partner in education school and providing for the needs at the local women's shelter. By working together, members achieve what one person cannot accomplish alone.



Family Feeling Sick After All Of That Holiday Food?

Teflon flu is a condition caused by inhaling fumes from burning polymer products, usually nonstick cookware. While the symptoms are generally mild and self-limiting, they can be more serious in people with underlying lung problems and can be fatal to pet birds. Teflon flu can be easily prevented by using a few simple, safe cooking techniques.

Toys and games are tons of fun for kids and adults. Whether your kids are working on a puzzle, playing with building blocks or even inventing their own games, here are a few things to think about to help them stay safer and have a blast.

Find the Perfect Toy for the Right Age

- Consider your child's age and development when purchasing a toy or game. Read the instructions and warning labels to make sure it's just right for your child.
- Before you've settled on the perfect toy, check to make sure there aren't any small parts or other potential choking hazards.



Don't Forget a Helmet for Riding Toys

- If your children have their hearts set on a new bike, skateboard, scooter or other riding equipment, be sure to include a CPSC certified helmet to keep them safe while they're having fun.
- [Learn more](#) bike safety tips and watch our [helmet safety video](#).



Store Toys After Play

- After play time is over, use a bin or container to store toys for next time. Make sure there are no holes or hinges that could catch little fingers.



Sign Up to Receive Product Recalls

- Safe Kids compiles product recalls specific to children and sends twice-monthly e-mail alerts for recent recalls. Sign-up for the [latest recall information](#).
- Go to www.recalls.gov for additional information about product recalls related to kids.



In 2016, 174,100 children under the age of 15 years were seen in emergency rooms for toy-related injuries. That's 477 kids every day. Almost half of those children were younger than 5 years of age.



Check those new toys your child received for Christmas

For more information visit safekids.org. © 2018 Safe Kids Worldwide®



 CAR SEAT CHECKUPS	 ULTIMATE CAR SEAT GUIDE	 LATEST RECALLS	 BE A WATER WATCHER	 SAFE INFANT SLEEP	 PARENT PEP TALK PODCAST
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		Click the fireworks to learn how to keep kids safe	1 				
		7 Safe Sleep Online Class		PRODUCT RECALL WEEK Click the log on to learn about and report unsafe products			
		14 Car Seat Online Class				18 MLK Bike Ride	
	Emergencies can happen in seconds. Be ready.  1 Click the image. 2 Tap TO CONTACT 3 Touch done. Save Poison Control's contact information on your phone.	HOME SAFETY IN WINTER Click on the child's hand for important poison safety info					



Safe Kids Columbus was spreading lots of injury prevention and good cheer in the month of December

